



Adult Interclub Competition  
single skating, pair skating, ice dance

hosted by Berliner TSC e.V.  
with the friendly assistance of the Berliner Eissport Verband e.V.

location: Erika-Hess-Eisstadion Berlin  
Müllerstraße 185 in 13353 Berlin, Germany

**March 20<sup>th</sup> - 22<sup>nd</sup>, 2020**

# 1 OVERVIEW

## 1.1 CONTACT

Please direct all questions regarding the competition by email to:

[info@skate-berlin-adults.de](mailto:info@skate-berlin-adults.de)

Visit us on the internet at <http://www.skate-berlin-adults.de>

Find us on facebook <https://www.facebook.com/SkateBerlinAdults?fref=ts>

Follow us on twitter @SkateBerlin

## 1.2 REGISTRATION

Registration must be received by January 15th, 2020.

Please register online via our website <https://www.skate-berlin-adults.de/registration/> Both partners of a pair have to submit the registration form. Together with the registration form, the "Planned Program Content" form must be submitted online. Find an editable form at <https://www.skate-berlin-adults.de/planned-program-content/>. This form must be filled out with English abbreviations (see [https://www.eislauf-union.de/files/Downloads/Elemente-Liste2019\\_20.pdf](https://www.eislauf-union.de/files/Downloads/Elemente-Liste2019_20.pdf) Elements stated in the PPC are not binding and may be changed on the ice. Please note that we implement a new procedure for music replay and **need your music as an mp3 upload** prior to the competition (details see section 4.7 in this announcement).

**Please note that entries are limited** due to organizational reasons. Registrations will be accepted in the order of **complete** registration documents (entry form and **registration fees**). Your registration will be final once we have received your registration fees on our account. A waiting list will be created in the case of withdrawals or your missing payment.

The registration fees are:

- 60 Euros for the first single competition
- 30 Euros for each additional single competition
- 30 Euros for each partner in a pair for the first competition
- 30 Euros for each partner in a pair for each additional competition

The fees must be paid at the time of registration. Please transfer the money to the following account:

BTSC Abt. Eiskunstlauf  
IBAN: DE64100900002596643003  
BIC: BEVODEBBXXX  
Berliner Volksbank

Purpose of payment: Skate Berlin Adults — „*your name*“

The registration fee will not be refunded.

## 2 GENERAL INFORMATION

### 2.1 PURPOSE OF THE EVENT

The purpose of the event is the promotion of figure skating through competition.

### 2.2 CONDITIONS OF PARTICIPATION

Participation in the competition Skate Berlin Adults is open to all athletes who

- are members of a regional skating association which belongs to an ISU member federation
- fit into the age groups in this announcement
- since July 1, 2018, have not participated in a national or international competition of the ISU/DEU/National Governing Bodies (exception: adult competitions).

DEU skaters, please note:

As of this season DEU skaters need to hold a yearly licence ("active Läuferlizenz") in order to take part in competitions. Please turn to your club or directly to the DEU (laeuferlizenz@eislauf-union.de) for more information.

### 2.3 AGE CATEGORIES

Your age before July 1st, 2019, determines the group you skate in. You must be at least 18 years old.

Young Adults	born between July 1st, 1991, and June 30th, 2001
Class I	born between July 1st, 1981, and June 30th, 1991
Class II	born between July 1st, 1971, and June 30th, 1981
Class III	born between July 1st, 1961, and June 30th, 1971
Class IV	born between July 1st, 1951, and June 30th, 1961
Class V	born before July 1st, 1951

When fewer than 3 skaters register for a singles free skating or artistic free skating event, age categories will be combined wherever possible to ensure competition. All age groups can be further divided or put together, depending on the number of registrations. Proof of age must be presented for all competitions. This can be a copy of a birth certificate, passport or identity card.

### 2.4 JUDGING

The competition will be conducted according to the current DKB, ISU provisions (ISU Constitution and General Regulations, ISU Special Regulations and Technical Rules Single and Pair Skating and Ice Dance, as well as all relevant ISU Communications) and DEU information, as long as nothing else is stated in this announcement.

All results will be calculated according to the ISU Regulations, Rule 353. The special factor of 1.1 for elements starting in the second half, will NOT apply.

Please ensure a planned program sheet (PPC) is submitted for all programs except for the artistic and pattern dance categories.

## 2.5 WARM-UP GROUPS

In the single categories (Free Skating) 6 skaters are permitted in a warm-up group for Gold to Elite and 8 skaters for Bronze to Silver as well as 8 skaters for all Artistic levels. If fewer than 6 skaters are in a category, warm-up groups may be combined (e.g. Silver and Bronze skaters in one warm-up group).

In the pair categories (ice dance and pairs) there will be a maximum of 5 pairs in a warm-up group. Different categories may be combined (e.g. Bronze and Silver ice dance pairs in one warm-up group).

The warm-up duration is 6 minutes for Singles und Pairs Free Skating, 5 minutes for Rhythm Dance, Free Dance and Artistic Free Skating, 3 minutes for Pattern Dance.

Skaters have 30 seconds from the time their name is called to take their starting position.

### 2.5.1 Classification of Levels

It is expected that competitors will enter at a level appropriate to their current skating ability. Competitors are not obliged to enter the same level as in previous years. The Masters Elite category is intended for those skaters who competed previously at the junior or senior level in national or international competition, but is not mandatory for such skaters.

An entry in an artistic category may be at the same level or **one** level higher (not lower) than the entry in any other category. For example, a skater may enter the Silver Free Skating event, and the Gold Artistic Free Skating event.

Entries may be reviewed prior to announcement of the schedule to ensure the integrity of the competition.

## 2.6 AWARDS/CERTIFICATES

The first three places in each category will receive an award.

## 2.7 PHOTO

Pictures will be taken during the event which may be published. In case you do not want your pictures published please indicate during the registration process.

## 3 COMPETITION

The competition „Skate Berlin Adults“ has the following categories:

Ladies and Men **Free Skating**

**Ice Dance** (Pattern, Short and Free Dance)

Ladies and Men **Artistic Free Skating**

**Pair Free Skating, Pair Artistic Skating**

### 3.1 Ladies/Men Free Skating

#### 3.1.1 Elite Free Skating

**Program duration 3 min. +/- 10 sec. Vocal music is permitted.**

This Level has the same technical requirements as those for the category Masters Free Skating and will be available for skaters who have taken part in national or international championships (non-adult).

#### 3.1.2 Masters Free Skating

**Program duration 3 min. +/- 10 sec. Vocal music is permitted.**

A competitor in the Masters Free Skating event must perform a well-balanced program that may contain:

- a. A maximum of six (6) jump elements, one of which must be an Axel type jump. Single, double and triple jumps are permitted. There may be up to three (3) jump combinations or jump sequences in the program. One (1) jump combination may consist of up to three (3) listed jumps. Two (2) jump combinations may consist of two (2) listed jumps. A jump sequence consists of two (2) listed jumps of any number of revolutions, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. Each listed jump may be performed a maximum of two (2) times. Please note that the Euler (half-loop) is considered a listed jump only when used in combination in between two other listed jumps. Non-listed jumps may be included in the program as part of connecting footwork.
- b. A maximum of three (3) spins of a different abbreviation, one of which must be a spin combination with a change of foot and one must be a flying spin or a spin with a flying entrance. The spins must have a required minimum number of revolutions: five (5) for any spin with no change of foot, and eight (8) for any spin with change of foot. A spin that has no basic position with two revolutions will receive no level and no value, however a spin with less than three rotations in total is considered a skating movement and not a spin. Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions. **All spins with change of foot must have at least three (3) revolutions on each foot. If this requirement is not fulfilled, the spin will be marked with a V.**

- c. A maximum of one Step Sequence (StSq) fully utilizing the ice surface.  
Only the first executed attempt of a step sequence will contribute to the technical score.

The Program Components are multiplied by a factor of 1.6. Each fall shall receive a deduction of 1.0.

### 3.1.3 Gold Free Skating

**Program duration 2 min 50 sec. +/-10 sec. Vocal music is permitted.**

A competitor in the Adult Gold Free Skating event must perform a well- balanced program that may contain:

- a. A maximum of **five (5)** jump elements, consisting of any single or double jumps (including a single Axel) except **double Flip, double Lutz and double Axel**. No **triple jumps** are permitted. There may be up to three (3) jump combinations or jump sequences in the program. One (1) jump combination may consist of up to three (3) listed jumps. Two (2) jump combinations may consist of two (2) listed jumps. A jump sequence consists of two (2) listed single or double jumps, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. The jumps in bold above are not permitted. Each listed jump may be performed a maximum of two (2) times. Please note that the Euler (half-loop) is considered a listed jump only when used in combination in between two other listed jumps. Non-listed jumps may be included in the program as part of connecting footwork.
- b. A maximum of three (3) spins of a different abbreviation, one of which must be a spin combination with a change of foot and one must be a flying spin or a spin with a flying entrance. The spins must have a required minimum number of revolutions: four (4) for any spin with no change of foot, and eight (8) for any spin with a change of foot. A spin that has no basic position with two revolutions will receive no level and no value, however a spin with less than three rotations in total is considered a skating movement and not a spin. Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions. The change of foot in any spin must be preceded and followed by a spin position with at least three (3) revolutions. **All spins with change of foot must have at least three (3) revolutions on each foot. If this requirement is not fulfilled, the spin will be marked with a V.**
- c. A maximum of one Step Sequence (StSq), fully utilizing the ice surface.  
Only the first executed attempt of a step sequence will contribute to the technical score.

Only features up to and including Level 3 will be counted for the spins and step sequence. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

The Program Components are multiplied by a factor of 1.2. Each fall shall receive a deduction of 1.0.

### 3.1.4 Silver Free Skating

**Program duration 2 min. +/-10 sec. Vocal music is permitted.**

A competitor in the Adult Silver Free Skating event must perform a well- balanced program that may contain:

- a. A maximum of five (5) jump elements, consisting of any single jumps (including the single Axel). **Double jumps** and **triple jumps** are not permitted. There may be up to two (2) jump combinations or jump sequences in the program. One (1) jump combination may consist of up to three (3) listed jumps. The other jump combination may consist of two (2) listed jumps. A jump sequence consists of two (2) single listed jumps, beginning with any listed jump, immediately followed by an Axel type jump with direct step from the landing curve of the first jump to the take-off curve of the Axel jump. Each listed jump may be performed a maximum of two (2) times. Please note that the Euler (half-loop) is considered a listed jump only when used in combination in between two other listed jumps. Non-listed jumps may be included in the program as part of connecting footwork.
- b. A maximum of two (2) spins of different abbreviations, one of which must be a spin combination. The spins must have a required minimum number of revolutions: four (4) for any spin with no change of foot, six (6) for any spin with a change of foot. A spin that has no basic position with two revolutions will receive no level and no value, however a spin with less than three rotations in total is considered a skating movement and not a spin. Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions. **All spins with change of foot must have at least three (3) revolutions on each foot. If this requirement is not fulfilled, the spin will be marked with a V.**
- c. A maximum of one Choreographic Sequence (**ChSq**), utilizing at least half (1/2) of the ice surface. A choreographic sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc. The pattern is not restricted. A choreographic sequence has a base value and will be evaluated by the judges in GOE only.

Only features up to and including Level 2 will be counted for the spins and step sequence. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

The Program Components are multiplied by a factor of 1.6. Each fall shall receive a deduction of 0,5.

### 3.1.5 Bronze Free Skating

**Program duration 1 min. 40 sec. +/- 10 sec. Vocal music is permitted.**

A competitor in the Adult Bronze Free Skating event must perform a well- balanced program that may contain:

- a. A maximum of four (4) jump elements, consisting of only single jumps. Axel type jumps, double and triple jumps are not permitted. There may be up to two (2) jump combinations in the free skating. Each jump combination may consist of two (2) listed jumps. Each listed jump may be performed a maximum of two (2) times.

- b. A maximum of two (2) spins of a different abbreviation one of which must be a spin in one position with no change of foot. Flying spins are not permitted. The spins must have a required minimum number of revolutions: three (3) for any spin with no change of foot, and six (6) for the spin combination with change of foot or the spin in one position with change of foot. A spin that has no basic position with 2 revolutions will receive no level and no value, however a spin with less than three rotations in total is considered as a skating movement and not a spin. Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions. **All spins with change of foot must have at least three (3) revolutions on each foot. If this requirement is not fulfilled, the spin will be marked with a V.**
- c. A maximum of one Choreographic Sequence (ChSq), utilizing at least half of the ice surface. Only the first executed attempt of a Choreographic Sequence will contribute to the technical score. A Choreographic Sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc. The pattern is not restricted. A Choreographic Step Sequence has a base value and will be evaluated by the judges in GOE only.

**Only features up to and including Level 1 will be counted for the spins and step sequence. Any additional features will not count for level requirements and will be ignored by the Technical Panel.**

The Program Components are multiplied by a factor of 1.2. Each fall shall receive a deduction of 0,5.



## 3.2 ICE DANCE

### 3.2.1 Pattern Dance

Couple shall provide their own music for all pattern dances. No music for pattern dances will be provided by the organizers.

The music must be chosen in accordance with the Rhythm of the Pattern Dance and may be vocal. The Tempo throughout the required Sequences must be constant and in accordance with the required Tempo of the Pattern Dance (see ISU Handbook Ice Dance 2003) plus or minus 2 beats per minute.

Notes:

- The chosen music may be a tune selected from the ISU Ice Dance music. In this case, only tunes 1 to 5 can be chosen and the Couple shall provide competition music in accordance with Rule 343, paragraph 1.
- Violation of the above music requirements or tempo specifications shall be penalized as per Rule 353, paragraph 1.n).
- All music chosen by the couple must be in accordance with the style/character of the Pattern Dance.
- For the application of Rule 708 paragraph 1.d) with music provided by the Couple it is specified that the start of the first Step of the dance must be on beat 1 of a measure (unless otherwise specified in the description of the dance).

According to Rule 707, new paragraph 6: After the completion of the last step of the Pattern Dance, the couple must reach their final pose within 20 seconds. If this time limit is exceeded, a Program time deduction according to Rule 353 shall apply.

<b>Elite</b>	#10 Westminster Waltz (2 sequences) #24 Cha Cha Congelado (2 sequences)
<b>Masters</b>	#10 Westminster Waltz (2 sequences) #24 Cha Cha Congelado (2 sequences)
<b>Gold</b>	#9 Westminster Waltz (2 sequences) #16 Kilian (6 sequences)
<b>Silver</b>	#9 American Waltz (2 sequences) #32 Blues (3 sequences)
<b>Bronze</b>	#8 European Waltz (2 sequences) #26 Tango Fiesta (3 sequences)

The Program Components are multiplied by a factor of 0.7. The total score for each dance will be multiplied by a factor of 0.5. The Pattern Dances will be judged without Key Points.

## 3.2.2 Free Dance

See: ISU Special Regulations, Section D. Free Dance, Rule 710 and all pertinent ISU Communications  
The following are the Requirements for Music for Free Dance (Rule 710, paragraph 1.c). . The music for Free Dance may be vocal and must be suitable for Ice Dance as a sport discipline and must have the following characteristics:

- a) The music must have an audible rhythmic beat and melody, or audible rhythmic beat alone, but not melody alone, and may be vocal. The music may be without an audible rhythmic beat for up to ten (10) seconds at the beginning or end of the program and up to ten (10) seconds during the program.
  - b) The music must have at least one change of tempo and expression. These changes may be gradual or immediate, but in either case they must be obvious.
  - c) All music, including classical music, must be cut/edited, orchestrated or arranged in a way that it creates an interesting, colourful, entertaining dance program with different dance moods or a building effect.
  - d) The music must be suitable for the Couple's skating skills and technical ability.
- Free Dance music that does not adhere to these requirements will be penalized by a deduction (See Rule 353, paragraph 1.n).

### 3.2.2.1 Elite Free Dance

This Level has the same technical requirements as those for the category Masters Free Dance and will be available for skaters who have taken part in national or international championships (non-adult).

### 3.2.2.2 Masters Free Dance

**Program duration 3 minutes +/-10 sec.. Vocal music is permitted.**

The technical requirements are the same as those for the category Gold Free Dance.

### 3.2.2.3 Gold Free Dance

**Program duration 3 minutes +/-10 sec. Vocal music is permitted.**

The requirements for a well-balanced program are:

- a. A maximum of two (2) different dance lifts, 1 short lift with a maximum duration of 7 sec. and 1 combination lift with a maximum duration of 12 seconds; OR three (3) different types of short lifts with a max. of 7 sec..
- b. A maximum of one (1) Dance Spin (Spin or Combination Spin).
- c. A maximum of one (1) Circular Step Sequence in hold, Style B
- d. A maximum of one (1) set of Synchronized Twizzles with up to three (3) steps between.

The Program Components are multiplied by a factor of 1.2.

### 3.2.2.4 Silver Free Dance

**Program duration 2 minutes and 30 sec. +/- 10 sec. Vocal music is permitted.**

The requirements for a well-balanced program are:

- a. A maximum of one (1) short lift, with a maximum duration of 7 sec. Only a maximum Level 2 lift will be counted.
- b. A maximum of one (1) Circular Step Sequence in hold, Style B
- c. A maximum of one (1) set of Synchronized Twizzles with up to three (3) steps between.
- d. A maximum of one (1) Dance Spin (Spin or Combination Spin).

The Program Components are multiplied by a factor of 1.2. The warm-up duration is 5 minutes.

### 3.2.2.5 Bronze Free Dance

**Program duration 1 minute and 50 sec. +/- 10 sec. Vocal music is permitted.**

The requirements for a well-balanced program are:

- a. A maximum of one (1) short lift, with a maximum duration of 7 sec. Only a maximum Level 1 lift will be counted.
- b. A maximum of one (1) Diagonal Step Sequence in hold, Style B
- c. A maximum of one (1) Dance Spin (no Combination Spin).

The Program Components are multiplied by a factor of 1.2.

## 3.2.3 Rhythm Dance

For the Season 2019 - 2020, the Rhythm Dance for Adult ISU competitions is the Quickstep.

Music: Quickstep or Quickstep plus one of the following rhythms: Foxtrot, Swing or Charleston (as described in the Ice Dance Music Rhythms Booklet 1995).

The Pattern Dance Elements (Quickstep) shall be skated to the Quickstep rhythm and must be in the style of the chosen rhythm. The Tempo of the music throughout the Pattern Dance Elements must be constant and in accordance with the required Tempo of the Pattern Dance Quickstep, i.e. 56 measures of two beats or 112 beats per minute, plus or minus 2 beats per minute.

### 3.2.3.1 Adult Rhythm Dance / Masters (Elite) Rhythm Dance

**Program Duration 2 minutes and 50 sec., +/- 10sec. Vocal music is permitted.**

Required Rhythm Dance Elements

Two (2) Sequences of Quickstep, either skated one after the other or separately. Step #1 of each Sequence must be skated on a different side of the ice surface. The description, chart and diagrams of the Quickstep Pattern Dance is included in the ISU Handbook Ice Dance 2003.

The Quickstep will be judged **with** key points.

#### Dance Lift

Maximum One (1) Short Lift Up to 7 seconds.

#### Step Sequence

One (1) Step Sequence Non Touching - Style B :

- Midline – skated along the full length of the ice surface on the Long Axis.
- Diagonal – skated as fully corner to corner as possible
- Circular – utilizing the full width of the ice surface on the Short Axis

#### Sequential Twizzles

One (1) Set of Sequential Twizzles. At least two Twizzles for each partner with up to 1 step maximum between Twizzles.

#### **Music**

- Music for Rhythm Dance may be vocal and must be suitable for Ice Dance as a sport discipline. The music must be selected in accordance with the designated rhythm(s) and/or theme(s), and with the specified tempo when applicable.
- Music with audible rhythmic beat only; may be without audible beat up to 10 seconds at beginning only

#### **Pattern**

- Two (2) Sequences of Quickstep, either skated one after the other or separately. Step #1 of each Sequence must be skated on a different side of the ice surface. The description, chart and diagrams of the Quickstep Pattern Dance is included in the ISU Handbook Ice Dance 2003.

The Program Components are multiplied by a factor of 0.8.

### 3.3 Ladies/Men Artistic Free Skating

**Program duration for Bronze to Gold is 1 minute and 30 sec. +/- 10 sec.**

**Program duration for Masters/Elite Artistic Free Skating is 2 minutes +/- 10 sec.**

**Vocal music is permitted.**

Competition will be held at the Elite Masters, Masters, Gold, Silver and Bronze level for Men and Ladies.

The Artistic Free Skate is a competitive program that must include elements of the sport of figure skating. At least one (1) and a maximum of two (2) single jumps MUST be included. At least one (1) and a maximum of two (2) spins MUST be included. No Axel type jumps, double or triple jumps are allowed. No combination jumps are allowed.

The artistic event will be judged only on the basis of Program Components. The Program Components are multiplied by a factor of 1.0.

There will be no technical panel and no technical score given.

The artistic program consists of a variety of skating moves selected for their value in demonstrating skating ability and enhancing the interpretation of the music. Skaters will be judged on their ability to interpret the music and develop a theme through their skating. Credit for technical elements is based solely on the ability of such movements to enhance the chosen theme and support the music. Credit will not be given for their technical difficulty.

The program must be developed through skating skill and quality rather than through non-skating actions such as sliding on one knee or excessive use of toe steps, which should be used only to reflect the character of the program and to underline the rhythm and nuances of the chosen music. The skater/pair must not remain in one place for more than five (5) seconds.

Any element exceeding the maximum number as set forth below will be judged as an illegal element (1.0 deduction). If there is no jump or no spin element included or only a jump and no spin or vice versa a deduction for a "missing element" of 1.0 will be made. The Referee is responsible for such deductions.

Clothing and make-up must be modest, dignified and appropriate for athletic competition – not garish or theatrical in design. Clothing may, however, reflect the character of the music chosen. Clothing must not give the effect of excessive nudity. The theme of the program should be clear from the skating movements and choreography – regardless of what the skater is wearing.

Props and accessories may not be used in any part of the artistic programs. Any item that is held in the hand or removed during the performance is considered a prop. Thus, for example, a hat worn throughout the program is not considered to be a prop, but if it is intentionally removed during the performance it is considered a prop. Objects on the ice, thrown in the audience, placed on the boards or on the judges table are not permitted. Costumes that contain particles that may mar or leave anything on the ice surface (feathers, boas, excessive beading) are considered unsafe and are not permitted.

The deduction for inappropriate clothing or make-up props and accessories (1.0) will be determined by a majority of the judges and the referee.

Illegal elements:

- Somersault type jumps
- Laying on the ice and prolonged and/or stationary kneeling on both knees on the ice

## 3.4 Pair Free Skating

Each pair team must consist of one man and one lady. Coaches and students are welcome to compete in all events, however, this competition DOES NOT have a PRO-AM category and it is MANDATORY that pair couples enter at the skill level of the more skilled skater, even if that skater is not a professional, but simply a higher level skater.

### 3.4.1 Pair Free Skating Elite

This Level has the same technical requirements as those for the category Masters Pair Free Skating and will be available for skaters who have taken part in national or international championships (non-adult).

### 3.4.2 Pair Free Skating Masters

**Program duration 3 min. 30 sec. +/- 10 sec. Vocal music is permitted.**

Pairs must perform a well-balanced program that may contain:

- a. A maximum of three (3) different lifts, one of which may be a twist lift. In lifts of Group 1 and 2, the man's lifting hand(s) should be above his shoulder line. In lifts of Group 3 – 5, full extension of the lifting arm(s) is mandatory.
- b. A maximum of two (2) throw jumps (single or double).
- c. A maximum of one (1) solo jump. Single, double or triple jumps are permitted.
- d. A maximum of one (1) jump combination with a maximum of three (3) listed jumps or one (1) jump sequence. A jump sequence consists of two (2) listed jumps of any number of revolutions, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. Please note that the Euler (half-loop) is considered a listed jump only when used in combination in between two other listed jumps.
- e. A maximum of one (1) pair spin (pair spin or pair combination spin). The spin must have a required minimum number of revolutions: four (4) revolutions for a pair spin and six (6) for a pair spin combination. A pair spin combination must have a change of foot by both partners with at least three (3) revolutions on each foot and at least one (1) change of position by both partners. If there is no change of foot or no change of position by one or both partners, the spin will be called as a pair spin. There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- f. A maximum of one solo spin. The solo spin must have a required minimum number of revolutions: five (5) for the flying spin with no change of foot after landing, five (5) for the spin with only one position and no change of foot and five (5) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with change of foot or spin in one position with a change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- g. A maximum of one (1) death spiral or pivot figure (position optional). At least a 3/4 revolution in pivot position by the man is required for the death spiral. At least a 1 revolution in pivot position by the man is required for the pivot figure.

- h. A maximum of one Step Sequence (StSq) that fully utilizes the ice surface. Only the first executed attempt of a Step Sequence will contribute to the technical score.

The Program Components are multiplied by a factor of 1.6. Each fall shall receive a deduction of 1.0.

### 3.4.3 Pair Free Skating Intermediate

**Program duration 2 min. 40 sec. +/- 10sec. Vocal music is permitted.**

Pairs must perform a well-balanced program that may contain:

- a. A maximum of two (2) different lifts of Group 1 or Group 2 with a minimum  $\frac{1}{2}$  revolution for the man and 1 revolution for the lady. The man's lifting hand(s) should be above his shoulder line. Variations of the lady's position, no-handed and one-handed lifts, and combination lifts are not permitted. Lifts of Group 3 – 5 are not permitted. Twist lifts are not permitted. A different take-off counts as a different lift.
- b. A maximum of one (1) single throw jump (including the throw Axel).
- c. A maximum of one (1) solo single jump (including the single Axel).
- d. A maximum of one (1) jump combination with a maximum of three (3) listed jumps or one (1) jump sequence. A jump sequence consists of two (2) listed single jumps, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. Please note that the Euler (half-loop) is considered a listed jump only when used in combination in between two other listed jumps.
- e. A maximum of one (1) pair spin (pair spin or pair combination spin). The spin must have a required minimum number of revolutions: four (4) revolutions for a pair spin and six (6) for a pair combination spin. A pair spin combination must have at least three (3) revolutions on each foot and at least one (1) change of position by both partners. If there is no change of foot or no change of position by one or both partners, the spin will be called as a pair spin. There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- f. A maximum of one (1) death spiral or pivot figure (position optional). At least a  $\frac{3}{4}$  revolution in pivot position by the man is required for the death spiral. At least a 1 revolution in pivot position by the man is required for the pivot figure.
- g. A maximum of one Step Sequence (StSq) fully utilizing the ice surface. Only the first executed attempt of a Step Sequence will contribute to the technical score.

Only features up to and including Level 2 will be counted for the spins and step sequence. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

The Program Components are multiplied by a factor of 1.6. Each fall shall receive a deduction of 1.0.



### 3.4.4 Pair Free Skating Adult

**Program duration 2 min. 20 sec. +/- 10sec. Vocal music is permitted.**

Pairs must perform a well-balanced program that may contain:

- a. A maximum of one (1) lift of Group 1 or Group 2 with a minimum 1/2 revolution for the man. The man's lifting hand(s) should be above his shoulder line. Variations of the lady's position, no-handed and one-handed lifts, and combination lifts are not permitted. Lifts of Group 3 – 5 are not permitted. Twist lifts are not permitted.
- b. A maximum of one (1) solo jump. Only single jumps (excluding single axel) are permitted.
- c. A maximum of one (1) jump combination with a maximum of two (2) listed jumps. Only single jumps (excluding single axel) are permitted.
- d. A maximum of one (1) single throw jump (excluding Throw Axel).
- e. A maximum of one (1) pair spin. A pair spin is any spin with no change of foot or no change of position by one or both partners. Pair combination spins (spins with a change of foot and change of position by both partners) are not permitted. There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- f. A maximum of one (1) pivot figure (position optional). At least a 1 revolution in pivot position by the man is required.
- g. A maximum of one Choreographic Sequence (ChSq) that fully utilizes the ice surface. A Choreographic Sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc. The pattern is not restricted. A Choreographic Sequence has a base value and will be evaluated by the judges in GOE only.

The Program Components are multiplied by a factor of 1.6. Falls by one skater shall receive a deduction of 0.5. Falls by both skaters shall receive a deduction of 1.0.

## 3.5 Pair Artistic Free Skating General

Competition will be held at the Masters, Intermediate and Adult Level.

Each pair artistic team must consist of one man and one lady. Coaches and students are welcome to compete in all events, however, this competition DOES NOT have a PRO-AM category and it is MANDATORY that pair couples enter at the skill level of the more skilled skater, even if that skater is not a professional, but simply a higher level skater.

### 3.5.1 Pair Artistic Free Skating (Elite) Masters

**Program duration 2 min. 10 sec. +/- 10sec. Vocal music is permitted.**

The pair artistic free skate is a competitive program which must include elements of the sport of pair figure skating. Each pair must include at least three (3) and no more than four (4) elements selected from:

- a. A maximum of one (1) solo jump OR one (1) throw jump. Axel and double jumps are not permitted. Combination jumps are not permitted.
- b. A maximum of one (1) pair spin (pair spin or pair combination spin) OR one (1) solo spin.
- c. A maximum of one (1) death spiral or pivot spiral (position optional).
- d. A maximum of one (1) lift of Group 1 or Group 2. Variations of the lady's position, no-handed and one-handed lifts, and combination lifts are not permitted. Lifts of Group 3 – 5 are not permitted.

The Program Components are multiplied by a factor of 1.0

### 3.5.2 Pair Artistic Free Skating Intermediate

**Program duration 1 min. 40 sec. +/- 10 sec. Vocal music is permitted.**

The Pair Artistic Free Skate is a competitive program that must include elements of the sport of pair figure skating. Each pair must include at least three (3) and no more than four (4) elements selected from:

- a. A maximum of one (1) solo jump OR one (1) throw jump. Axel type, double and triple jumps are not permitted. Combination jumps are not permitted.
- b. A maximum of one (1) pair spin (pair spin or pair combination spin) OR one (1) solo spin.
- c. A maximum of one (1) death spiral or pivot spiral (position optional).
- d. A maximum of one (1) lift of Group 1 or Group 2. Variations of the lady's position, no-handed and one-handed lifts, and combination lifts are not permitted. Lifts of Group 3 – 5 are not permitted.

The Program Components are multiplied by a factor of 1.0

### 3.5.3 Pair Artistic Free Skating Adult

**Program duration 1 min. 40 sec. +/- 10 sec. Vocal music is permitted.**

The pair artistic free skate is a competitive program which must include elements of the sport of pair figure skating. Each pair must include at least three (3) and no more than four (4) elements selected from:

- a. A maximum of one (1) solo jump OR one (1) throw jump. Axel type and double jumps are not permitted. Combination jumps are not permitted.
- b. A maximum of one (1) pair spin OR one (1) solo spin. Pair spin combinations and flying spins are not permitted.
- c. A maximum of one (1) pivot spiral (position optional).
- d. A maximum of one (1) lift of Group 1 or Group 2. Variations of the lady's position, no-handed and one-handed lifts, and combination lifts are not permitted. Lifts of Group 3 – 5 are not permitted.

The Program Components are multiplied by a factor of 1.0

## 4 TIPS

### 4.1 RINK

The competition will take place in the Erika-Hess-Eisstadion, Müllerstraße 185, 13353 Berlin. The ice surface is 60 x 30 meters and has protective plastic screens on the sides.

### 4.2 TRAVEL

The rink is located in Berlin-Mitte near the underground station U-Bahnhof Reinickendorfer Straße (line U6). There are a limited number of parking places at the rink.

### 4.3 RECEPTION

The office hours of the reception area are:

Friday March 20<sup>th</sup> 12pm – 10pm

Saturday March 21<sup>st</sup> 8am – 6pm

Sunday March 22<sup>nd</sup> 8am – 6.30pm

All participants are requested to report in at the reception area as soon as they reach the rink.

### 4.4 STARTING ORDER

Starting order will be determined by computer lottery before the competition begins.

### 4.5 PUBLICATION OF RESULTS

All results will be available on our website.

### 4.6 ADMISSION

The public and fans are welcome. Entrance to the competition is free.

### 4.7 MUSIC

We need your **music as an mp3 upload via our webpage prior to the competition.**

Please upload your music at <https://www.skate-berlin-adults.de/mp3-music-upload/> **Time window for uploading your music is 2020 Feb.15th to March. 2nd.** It is crucial that you label

your mp3 file as advised on the webpage with your category and name. Titles like „unknown“ cannot be accepted. Please bring along a backup CD.

Please label your mp3 file:

LAST NAME – FIRST NAME – CATEGORY (Free Skate, Artistic Skate, Pair Skate...) – LEVEL (Bronze, Silver...)

## 4.8 LIABILITY

The organizers of the competition do not accept liability for damage or injury incurred by participants or officials during the event.

Participants have to agree to a declaration of liability during the registration process.

## 5 PROVISIONAL SCHEDULE

This schedule is non-binding. Individual competitions may take place on days other than those listed below. The final schedule will be published after the entry deadline.

### **Friday, March 20th, 2020**

2pm - 8pm Competitions

Artistic Free Skating – Ladies, Men, Pairs

### **Saturday, March 21st, 2020**

10am – 6pm – Competitions

Free Skating (Ladies and Men, Pt. 1)

Ice Dance Short Dance/Pattern Dance

### **Sunday, March 22nd, 2020**

10am - 5pm – Competitions

Free Skating (Ladies and Men, Pt. 2)

Pair Free Skating

Ice Dance Free Dance

A rough schedule will be made soon after the end of registration and sent by e-mail to enable you to plan your trip.

## 5.1 TRAINING

The schedule with official training times will be sent by e-mail after close of registration. Should additional training times be made available, you will be informed after the close of registration.

**Please do NOT skate at the public sessions on the outdoor rink.**