



Adult Interclub Competition
single skating, pair skating, ice dance & synchronized
skating

hosted by Berliner TSC e.V.
with the friendly assistance of the Berliner Eissport Verband e.V.

location: Erika-Hess-Eisstadion Berlin
Müllerstraße 185 in 13353 Berlin, Germany

March 4th - 6th, 2016

1 OVERVIEW

1.1 CONTACT

Please direct all questions regarding the competition by email to:

info@skate-berlin-adults.de

Visit us on the internet at <http://www.skate-berlin-adults.de>

Find us on facebook <https://www.facebook.com/SkateBerlinAdults?fref=ts>

Follow us on twitter @SkateBerlin

1.2 REGISTRATION

Registration must be received by February 1st, 2016.

Please register online via our website <http://www.skate-berlin-adults.de/en/event/registration/>

Together with the registration form, the "Planned Program Content" form must be submitted. Find a editable form at <http://www.skate-berlin-adults.de/en/event/downloads/> This form must be filled out with English abbreviations for the elements (see http://www.eislauf-union.de/download/Elemente-Liste2015_16.pdf or annex) and send to us via email. The PPC is aid for the technical specialists. However, elements stated in the PPC are not binding and may be changed on the ice.

Entries are limited due to organizational reasons. Registrations will be accepted in the order of complete registration documents (entry form, PPC, registration fees).

The registration fees are:

- 50 Euros for the first single competition
- 25 Euros for each additional single competition
- 30 Euros for each partner in a pair for the first competition
- 25 Euros for each partner in a pair for each additional competition
- 300 Euros for each team in synchronized skating

The fees must be paid at the time of registration. Please transfer the money to the following account:

BTSC Abt. Eiskunstlauf
IBAN: DE64100900002596643003
BIC: BEVODEBBXXX
Berliner Volksbank

Purpose of payment: Skate Berlin Adults — „*your name*“

The registration fee will not be refunded.

2 GENERAL INFORMATION

2.1 PURPOSE OF THE EVENT

The purpose of the event is the promotion of figure skating through competition.

2.2 CONDITIONS OF PARTICIPATION

Participation in the competition Skate Berlin Adults is open to all athletes who

- are members of a regional skating association which belongs to an ISU member federation or an ISU member federation
- fit into the age groups in this announcement
- since July 1, 2015, have not participated in a national or international competition of the ISU/DEU/National Governing Bodies (exception: adult competitions).

2.3 AGE CATEGORIES

Your age before July 1st, 2014, determines the group you skate in. You must be at least 18 years old.

| | |
|--------------|--|
| Young Adults | born between July 1st, 1987, and June 30th, 1997 |
| Class I | born between July 1st, 1977, and June 30th, 1987 |
| Class II | born between July 1st, 1967, and June 30th, 1977 |
| Class III | born between July 1st, 1957, and June 30th, 1967 |
| Class IV | born between July 1st, 1947, and June 30th, 1957 |
| Class V | born before July 1st, 1947 |

All age groups can be further divided or put together, depending on the number of registrations. Proof of age must be presented for all competitions. This can be a copy of a birth certificate, passport or identity card.

Members of Synchronized Teams must have reached the age of 25 before July 1st, preceding the event, except that one quarter (25%) of the skaters (the alternate skaters do not count for that quota) on a team may compete who have reached at least the age of eighteen (18) before July 1st preceding the event.

2.4 JUDGING

The competition will be conducted according to the current DKB, ISU provisions (ISU Constitution and General Regulations 2014, ISU Special Regulations and Technical Rules Single and Pair Skating and Ice Dance 2014, as well as all relevant ISU Communications) and DEU information, as long as nothing else is stated in this announcement.

The rule that jumps and lifts in the second half of the program are to be multiplied by a factor of 1.1 will not be used. The decisions of the judges are final and cannot be challenged.

2.5 WARM-UP GROUPS

In the single categories (Free Skating) 6 skaters are permitted in a warm-up group for Silver to Elite and 7 skaters for Steel/Bronze as well as for all Artistic levels. If fewer than 6/7 skaters are in a category, warm-up groups may be combined.

In the pair categories (ice dance and pairs) there will be a maximum of 5 pairs in a warm-up group.

In the synchronized category there will be a two (2) minutes warm up for every team. There is no area for off-ice training.

2.5.1 Classification of Levels

Participants can register for different levels in Free Skating and Artistic (example: Silver Free Skating and Gold Artistic). In addition, skaters can register for a different level than in the previous year (due to injury, age).

Each participant can choose his/her own level. We request that skaters please make a fair appraisal of his/her level, and we will gladly assist you in deciding, if you need help.

2.6 AWARDS/CERTIFICATES

The first three places in each category will receive an award.

2.7 DVD/PHOTO

All categories will be filmed.

A **professional DVD** with case and cover will be produced in HD for purchase. You can order DVDs when you register.

DVDs can be ordered for
a category
a complete day or days
the complete competition

The DVDs can be picked up on the last day of competition, or they will be sent by post within Germany one week at the latest after the competition.

Contact information of the cameraman:

Björn Hülbert
Defreggerstraße 5
12435 Berlin
Germany
Tel.: +49 / 30 / 86 38 27 88
e-mail: **info@spreelee.de**

PHOTO

Pictures will be taken during the event which may be published. In case you do not want your pictures published please enter your name on a respective list on-site.

2.8 SKATING FAMILY TEAM AWARD

Skate Berlin Adults is part of the Skating Family Team Award. This is a collaboration between various adult figure skating competitions in Europe. Find more information at <https://www.facebook.com/skatingfamilyteamaward?fref=ts>

3 COMPETITION

The competition „Skate Berlin Adults“ has the following categories:

- Ladies and Men **Free Skating**
- Ice Dance** (Pattern, Short and Free Dance)
- Ladies and Men **Artistic Free Skating**
- Pair Skating, Pair Artistic Skating**
- Synchronized Skating**

3.1 Ladies/Men Free Skating

3.1.1 Elite Free Skating

The maximum time is 3 min. 10 sec., but may be less. Vocal music is permitted.

This Level has the same technical requirements as those for the category Masters Free Skating and will be available for skaters who have taken part in national or international championships (non-adult).

3.1.2 Masters Free Skating

The maximum time is 3 min. 10 sec., but may be less. Vocal music is permitted.

A competitor in the Masters Free Skating event must perform a well-balanced program that may contain:

- a. A maximum of seven (7) jump elements, one of which must be an Axel type jump. Single, double and triple jumps are permitted. There may be up to three (3) jump combinations or jump sequences in the program. One (1) jump combination may consist of up to three (3) listed jumps. Two (2) jump combinations may consist of two (2) listed jumps. A jump combination may consist of the same or another single, double or triple jump. A jump sequence may consist of any number of jumps of any number of revolutions that may be linked by non-listed jumps like mazurkas, etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps/ turns, crossovers or stroking during the sequence. Only the two jumps with the highest value will contribute to the technical score. Please note that a half-loop in combination or in a sequence with any other listed jump will be called as a listed jump (1Lo). Non-listed jumps may be included in the program as part of connecting footwork. Is a jump repeated without combination or sequence the repetition rule will apply, i.e. only 70% of the base value of the jump element will be counted.
- b. A maximum of three (3) spins of a different abbreviation, one of which must be a spin combination with a change of foot and one must be a flying spin. The spins must have a required minimum number of revolutions: five (5) for the flying spin with no change of foot after landing, five (5) for the spin with only one position and no change of foot and five (5) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with

change of foot or spin in one position with a change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted.

- c. A maximum of one Step Sequence (StSq) fully utilizing the ice surface. Only the first executed attempt of a step sequence will contribute to the technical score.

The Program Components are multiplied by a factor of 1.6.

3.1.3 Gold Free Skating

The maximum time is 2 min 50 sec., but may be less. Vocal music is permitted.

A competitor in the Adult Gold Free Skating event must perform a well- balanced program that may contain:

- a. A maximum of six (6) jump elements, consisting of any single or double jumps (including a single Axel) except double Flip, double Lutz and double Axel. No triple jumps are permitted. There may be up to three (3) jump combinations or jump sequences in the program. One (1) jump combination may consist of up to three (3) listed jumps. Two (2) jump combinations may consist of two (2) listed jumps. A jump combination may consist of the same or another jump. A jump sequence may consist of any number of jumps that may be linked by non-listed jumps like mazurkas, etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps/ turns, crossovers or stroking during the sequence. Only the two jumps with the highest value will contribute to the technical score. Please note that a half-loop in combination or in a sequence with any other listed jump will be called as a listed jump (1Lo). Non-listed jumps may be included in the program as part of connecting footwork. Is a jump repeated without combination or sequence the repetition rule will apply, i.e. only 70% of the base value of the jump element will be counted.
- b. A maximum of three (3) spins of a different abbreviation, one of which must be a spin combination with a change of foot and one must be a flying spin. The spins must have a required minimum number of revolutions: four (4) for the flying spin with no change of foot after landing, four (4) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with change of foot or spin in one position with a change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- c. A maximum of one Step Sequence (StSq), fully utilizing the ice surface. Only the first executed attempt of a step sequence will contribute to the technical score. Only features up to Level 3 will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

The Program Components are multiplied by a factor of 1.6.

3.1.4 Silver Free Skating

The maximum time is 2 min. 10 sec., but may be less. Vocal music is permitted.

A competitor in the Adult Silver Free Skating event must perform a well- balanced program that may contain:

- a. A maximum of five (5) jump elements. The single Axel and all other single jumps are permitted. No double jumps or triple jumps are permitted. There may be up to three (3) jump combinations or jump sequences in the program. One (1) jump combination may consist of up to three (3) listed jumps. Two (2) jump combinations may consist of two (2) listed jumps. A jump combination may consist of the same or another jump. A jump sequence may consist of any number of jumps that may be linked by non-listed jumps like mazurkas, etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps/ turns, crossovers or stroking during the sequence. Only the two jumps with the highest value will contribute to the technical score. Please note that a half-loop in combination or in a sequence with any other listed jump will be called as a listed jump (1Lo). Non-listed jumps may be included in the program as part of connecting footwork. Is a jump repeated without combination or sequence the repetition rule will apply, i.e. only 70% of the base value of the jump element will be counted.
- b. A maximum of three (3) spins of different abbreviations, one of which must be a spin combination. The spins must have a required minimum number of revolutions: three (3) for the flying spin with no change of foot after landing, three (3) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with change of foot or spin in one position with a change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- c. A maximum of one Choreographic Sequence (ChSq), covering at least half of the ice surface. Only the first executed attempt of a Choreographic Sequence will contribute to the technical score. A Choreographic Sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc. The Choreographic Step Sequence commences with the first move and is concluded with the last move of the skater. The pattern is not restricted. A Choreographic Sequence has a base value and will be evaluated by the judges in GOE only.

The Program Components are multiplied by a factor of 1.6.

3.1.5 Bronze Free Skating

The maximum time is 1 min. 50 sec., but may be less. Vocal music is permitted.

A competitor in the Adult Bronze Free Skating event must perform a well- balanced program that may contain:

- a. A maximum of four (4) jump elements. Only single jumps are permitted, no Axel type jump, no double or triple jumps can be included. There may be up to two (2) jump combinations or jump sequences in the program. One (1) jump combination may consist of up to three (3) listed jumps. The other jump combination may consist of two (2) listed jumps. A jump combination may consist of the same or another jump. A jump sequence may consist of any number of jumps that may be linked by non-listed jumps like mazurkas, etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps/ turns, crossovers or stroking during the sequence. Only the two jumps with the highest value will contribute to the technical score. Please note that a half-loop in

combination or in a sequence with any other listed jump will be called as a listed jump (1Lo). Non-listed jumps may be included in the program as part of connecting footwork. Is a jump repeated without combination or sequence the repetition rule will apply, i.e. only 70% of the base value of the jump element will be counted.

- b. A maximum of two (2) spins of a different abbreviation one of which must be a spin in one position with no change of foot. Flying spins are not permitted. The spins must have a required minimum number of revolutions: three (3) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and six (3 + 3) for the spin combination with change of foot. Flying spins are not permitted. There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- c. A maximum of one Choreographic Sequence (ChSq), covering at least half of the ice surface. Only the first executed attempt of a Choreographic Sequence will contribute to the technical score. A Choreographic Sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc. The Choreographic Step Sequence commences with the first move and is concluded with the last move of the skater. The pattern is not restricted. A Choreographic Step Sequence has a base value and will be evaluated by the judges in GOE only.

The Program Components are multiplied by a factor of 1.6

3.1.6 Steel Free Skating

The maximum time is 1 min. 50 sec., but may be less. Vocal music is permitted.

A competitor in the Adult Steel Free Skating event must perform a well- balanced program that may contain:

- a. A maximum of three (3) jump elements. Only Salchow and Toeloop are permitted. Any jump can be repeated only once. There may be one jump combination or jump sequence in the Free Program. A jump combination may consist of the same or another single jump. A jump sequence may consist of any number of jumps that may be linked by non-listed jumps like mazurkas, etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. Only the two jumps with the highest value will count. Is a jump repeated without combination or sequence the repetition rule will apply, i.e. only 70% of the base value of the jump element will be counted.
- b. A maximum of two (2) spins; the spins must have a required minimum number of revolutions: two (2) for the spin with only one position and no change of foot and four (2 + 2) for the spin with change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted. Combination and Flying spins are not permitted. It is allowed to show two same spins, for example two (2) Uprightspins.

Choreographic Sequences and Step Sequences will not be counted in the technical score but will be counted as moves-in-the-field (transitions) and marked as such.

The Program Components are multiplied by a factor of 1.6.

3.2 ICE DANCE

3.2.1 Pattern Dance

| | |
|----------------|--|
| Elite | #11 Golden Waltz (2 sequences) #18 Cha Cha Congelado (2 sequences) |
| Masters | #11 Golden Waltz (2 sequences) #18 Cha Cha Congelado (2 sequences) |
| Gold | #7 Viennese Waltz (3 sequences) #18 Cha Cha Congelado (2 sequences) |
| Silver | #3 Rocker Foxtrot (4 sequences) #23 Blues (3 sequences) |
| Bronze | #2 Foxtrot (3 sequences) #23 European Waltz (2 sequences) |
| Steel | Waltz Movement (2 sequences) Palais Glide (3 sequences) |

The Program Components are multiplied by a factor of 0.7.
The Pattern Dances will be judged without Key Points.

3.2.2 Free Dance

3.2.2.1 Elite Free Dance

This Level has the same technical requirements as those for the category Masters Free Dance and will be available for skaters who have taken part in national or international championships (non-adult).

3.2.2.2 Masters Free Dance

Maximum 3 minutes and 10 seconds, but may be less. Vocal music is permitted.

The technical requirements are the same as those for the category Gold Free Dance.

3.2.2.3 Gold Free Dance

Maximum 3 minutes and 10 seconds, but may be less. Vocal music is permitted.

The requirements for a well-balanced program are:

- a. A maximum of two (2) different dance lifts, 1 short lift with a maximum duration of 6 sec. and 1 long lift with a maximum duration of 12 seconds; OR three (3) different types of short lifts.

- b. A maximum of one (1) Dance Spin (Spin or Combination Spin).
- c. A maximum of one (1) Circular Step Sequence in hold, Style A
- d. A maximum of one (1) set of Synchronized Twizzles with up to three (3) steps between.

The Program Components are multiplied by a factor of 1.2.

3.2.2.4 Silver Free Dance

Maximum 2 minutes and 40 seconds, but may be less. Vocal music is permitted.

The requirements for a well-balanced program are:

- a. A maximum of one (1) dance lift, with a maximum duration of 6 sec.
- b. A maximum of one (1) Diagonal Step Sequence in hold, Style B
- c. A maximum of one (1) set of Synchronized Twizzles with up to three (3) steps between.
- d. A maximum of one (1) Dance Spin (Spin or Combination Spin).

The Program Components are multiplied by a factor of 1.2.

3.2.2.5 Bronze Free Dance

Maximum 2 minutes, but may be less. Vocal music is permitted.

The requirements for a well-balanced program are:

- a. A maximum of one (1) dance lift, with a maximum duration of 6 sec.
- b. A maximum of one (1) Diagonal Step Sequence in hold, Style B
- c. A maximum of one (1) Dance Spin (Spin or Combination Spin).

The Program Components are multiplied by a factor of 1.2.

3.2.3 Short Dance

3.2.3.1 Adult Short Dance

Maximum 2 minutes and 50 seconds, but may be less. Vocal music is permitted.

Recommended for silver level ice dancers.

The composition of the Short Dance in the season 2015/16 is as follows: Waltz plus any number of the following rhythms: Foxtrot, March or Polka.

Required Short Dance Elements: One (1) sequence of Starlight Waltz, divided into two (2) sections skated one after the other, Section 1 followed by Section 2, with step #1 skated on the Judges' left side. The Pattern Dance Elements must be skated on the Waltz Rhythm, in any Waltz style. The

tempo of music throughout the Pattern Dance Elements must be constant and in accordance with the required Tempo of the Pattern Dance Element Starlight Waltz, i.e., 58 measures of two beats or 174 beats per minute, plus or minus 3 beats per minute.

- a. One (1) Short Lift is required. In addition, one (1) Transitional Dance Lift (up to 6 seconds), but no more, performed optionally after the required Dance Lift is permitted.
- b. Not Touching Midline Step Sequence OR Not Touching Circular Step Sequence OR Not Touching Diagonal Step Sequence : Notes for Not Touching Circular Step Sequence: In accordance with Rule 703, this element must be performed in either the clockwise or anticlockwise direction, utilizing the full width of the ice surface on the short axis of the rink.
- c. One (1) Set of Sequential Twizzles.
Elements should be integrated into the composition of the dance so the concept and choreography must produce the feeling of a unified dance.

The Dance Spin is not a Required Element. Nevertheless, a spinning movement skated by the couple together in any hold around a common axis on one foot (or two feet) with any number of rotations is permitted. A couple may choose to use this movement as part of their choreography. The Technical Panel will ignore these movements and the Judges will not consider these movements as one of the permitted stops.

Waltz Rhythms are described in the ISU Ice Dance Music Rhythms Booklet 1995.

The Program Components are multiplied by a factor of 0.8

If interested we provide Short Dance for the levels Elite Masters and Masters. Technical requirements are the same as for Adult Short Dance.

3.3 Ladies/Men Artistic Free Skating

The maximum time for Bronze to Gold is 1 minute and 40 seconds but may be less.

The maximum time for Masters/Elite Artistic Free Skating will be 2 minutes and 10 seconds, but may be less.

Vocal music is permitted.

Competition will be held at the Elite Masters, Masters, Gold, Silver and Bronze level for Men and Ladies.

The artistic event will be judged only on the basis of Program Components. The Program Components are multiplied by a factor of 1.6.

There will be no technical panel and no technical score given.

The artistic program consists of a variety of skating moves selected for their value in enhancing the skater's interpretation of the music. Skaters will be judged on their ability to interpret the music by movement and by using their skating skills.

The artistic free skate is a competitive program which must include elements of the sport of figure skating. At least one (1) but a maximum of two (2) single jumps and at least one (1) but a maximum of two (2) spins **MUST** be included. No axel or double jumps are allowed. Credit for jumps and spins is based solely on the ability of such movements to enhance the chosen music. Credit will not be given for their technical difficulty. Elite Masters can do any type of jumps.

The program must be developed through skating skill and quality rather than through non-skating actions such as sliding on one knee or excessive use of toe steps which should be used only to reflect the character, rhythm and nuances of the chosen music.

Any element exceeding the maximum number as set forth above will be judged as an illegal element (1.0 deduction); if there is no jump or no spin element included or only a jump and no spin or vice versa a deduction for a "missing element" of 1.0 will be made. The Referee is responsible for such deductions. Costumes should be simple, tasteful and selected to enhance the performance by appropriately reflecting the character of the music and theme.

Props may not be used in any part of the artistic programs. Any item that is held in the hand or removed during the performance is considered a prop. Thus, for example, a hat worn throughout the program is not considered to be a prop, but if it is intentionally removed during the performance it is considered a prop. Objects on the ice, thrown in the audience, placed on the boards or on the judges table are not permitted. Costumes that contain particles that may mar or leave anything on the ice surface (feathers, boas, excessive beading) are considered unsafe and are not permitted. The Referee is responsible for prop deductions.

There is no deduction for „illegal“ elements (like extended sliding/kneeling on the ice, sitting on the boards).

Somersault type of jumps are not permitted. A deduction of 1.0 will be given.

3.4 Pair Skating

3.4.1 Elite Pair Skating

This Level has the same technical requirements as those for the category Masters Pair Skating and will be available for skaters who have taken part in national or international championships (non-adult).

3.4.2 Masters Pair Skating

The maximum time is 3 min. 10 sec., but may be less. Vocal music is permitted.

Couples must perform a well-balanced program that may contain:

- a. A maximum of three (3) different lifts, one of which may be a twist lift.
- b. A maximum of two (2) throw jumps (single or double).
- c. A maximum of one (1) solo jump. Single, double or triple jumps are permitted.
- d. A maximum of one (1) jump combination with a maximum of three (3) listed jumps or one (1) jump sequence with any number of jumps (the two jumps with the highest value will count for points). Any jump already performed as the solo jump cannot be included. If a second solo jump is performed instead of a jump combination or jump sequence the repetition rule will apply, i.e. only 70% of the base value of the jump element will be counted.
- e. A maximum of one (1) pair spin (pair spin or pair combination spin). The spin must have a required minimum number of revolutions: four (4) revolutions for a pair spin and a minimum of 3 revolutions on each foot for a pair combination spin. There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- f. A maximum of one solo spin or solo spin combination. The spin must have a required minimum number of revolutions: five (5) for the flying spin, five (5) for the spin with only one position, and four (4) on each foot for the spin combination with change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- g. A maximum of one (1) death spiral or pivot figure (position optional). At least a 3/4 revolution in pivot position by the man is required.
- h. A maximum of one Step Sequence (StSq) or Choreographic Sequence that fully utilizes the ice surface. Only the first executed attempt of a Step Sequence or a Choreographic Sequence will contribute to the technical score. Only features up to Level 3 will be counted for the Step Sequence. Any additional features will not count for level requirements and will be ignored by the technical panel. A Choreographic Sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc. The Choreographic Step Sequence commences with the first move and is concluded with the last move of the skater. The pattern is not restricted. A Choreographic Step Sequence has a base value and will be evaluated by the judges in GOE only.

The Program Components are multiplied by a factor of 1.6.

3.4.3 Adult Pair Skating

The maximum time is 2 min. 50 sec., but may be less. Vocal music is permitted.

Couples must perform a well-balanced program that demonstrates skating skills, timing and unison, and full use of the ice surface. There are no required elements, but couples may choose to include up to eight (8) elements selected from:

- a. A maximum of two (2) different lifts of Group 1 or Group 2 with a minimum 1/2 revolution for the man and 1 revolution for the lady. Variations of the lady's position, no-handed and one-handed lifts, and combination lifts are not permitted. Overhead lifts and twist lifts are not permitted. A different take-off counts as a different lift.
- b. A maximum of one (1) solo jump. Only single jumps (including single axel) are permitted.
- c. A maximum of one (1) jump combination with a maximum of three (3) listed jumps or one (1) jump sequence with any number of jumps (the two jumps with the highest value will count for points). Any jump already performed as the solo jump cannot be included. If a second solo jump is performed instead of a jump combination or jump sequence the repetition rule will apply, i.e. only 70% of the base value of the jump element will be counted.
- d. A maximum of one (1) throw jump (Only single jumps are permitted).
- e. A maximum of one (1) pair spin (pair spin or pair combination spin). The spin must have a required minimum number of revolutions: three (3) revolutions for a pair spin and six (6) for a pair combination spin. There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- f. A maximum of one death spiral or pivot figure (position optional). At least a 3/4 revolution in pivot position by the man is required.
- g. A maximum of one Choreographic Sequence (ChSq) that fully utilizes the ice surface. A Choreographic Sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc. The Choreographic Sequence commences with the first move and is concluded with the last move of the skater. The pattern is not restricted. A Choreographic Sequence has a base value and will be evaluated by the judges in GOE only.

The Program Components are multiplied by a factor of 1.6

3.5 Artistic Pair Skating

3.5.1 Masters Pair Artistic Skating

The maximum time is 2 min. 20 sec., but may be less. Vocal music is permitted.

Competition will be held at the Masters and Adult Level.

The artistic event will be judged only on the basis of the program components. There will be no technical panel and no technical mark given. The Program Components are multiplied by a factor of 1.6.

The artistic program consists of a variety of skating moves selected for their value in enhancing the skater's interpretation of the music. Pairs will be judged on their ability to interpret the music by movement and by using their skating skills.

The pair artistic free skate is a competitive program which must include elements of the sport of pair figure skating. Each pair must include at least three (3) and no more than four (4) elements selected from:

- a. A maximum of one (1) solo jump OR one (1) throw jump. Axel and double jumps are not permitted. Combination jumps are not permitted.
- b. A maximum of one (1) pair spin (pair spin or pair combination spin) OR one (1) solo spin.
- c. A maximum of one (1) death spiral or pivot spiral (position optional).
- d. A maximum of one (1) lift.

Credit for technical elements is based solely on the ability of such movements to enhance the chosen theme and support the music. Credit will not be given for their technical difficulty.

The program must be developed through skating skill and quality rather than through non-skating actions such as sliding on one knee or excessive use of toe steps which should be used only to reflect the character of the program and to underline the rhythm and nuances of the chosen music.

Costumes should be simple, tasteful and selected to enhance the performance by appropriately reflecting the character of the music and theme.

Any element exceeding the maximum number as set forth above will be judged as an illegal element (1.0 deduction); if there is no jump/throw jump or no spin element or no spiral element or no lift element a deduction for a "missing element" of 1.0 will be made. The Referee is responsible for such deductions. Costumes should be simple, tasteful and selected to enhance the performance by appropriately reflecting the character of the music and theme.

Props may not be used in any part of the artistic programs. Any item that is held in the hand or removed during the performance is considered a prop. Thus, for example, a hat worn throughout the program is not considered to be a prop, but if it is intentionally removed during the performance it is considered a prop. Objects on the ice, thrown in the audience, placed on the boards or on the judges table are not permitted. Costumes that contain particles that may mar or leave anything on the ice surface (feathers, boas, excessive beading) are considered unsafe and are not permitted. The Referee is responsible for prop deductions.

There is no deduction for „illegal“ elements (like extended sliding/kneeling on the ice, sitting on the boards).

Somersault type of jumps are not permitted. A deduction of 1.0 will be given.

3.5.2 Adult Pair Artistic Skating

The maximum time is 1 min. 50 sec., but may be less. Vocal music is permitted.

The artistic event will be judged only on the basis of the program components. There will be no technical panel and no technical mark given, The Program Components are multiplied by a factor of 1.6.

The artistic program consists of a variety of skating moves selected for their value in enhancing the skater's interpretation of the music. Pairs will be judged on their ability to interpret the music by movement and by using their skating skills.

The pair artistic free skate is a competitive program which must include elements of the sport of pair figure skating. Each pair must include at least three (3) and no more than four (4) elements selected from:

- a. A maximum of one (1) solo jump OR one (1) throw jump. Axel and double jumps are not permitted. Combination jumps are not permitted.
- b. A maximum of one (1) pair spin (pair spin or pair combination spin) OR one (1) solo spin.
- c. A maximum of one (1) death spiral or pivot spiral (position optional).
- d. A maximum of one (1) lift of Group 1 or Group 2. Variations of the lady's position, no-handed and one-handed lifts, and combination lifts are not permitted. Overhead lifts and twist lifts are not permitted.

Credit for technical elements is based solely on the ability of such movements to enhance the chosen theme and support the music. Credit will not be given for their technical difficulty.

The program must be developed through skating skill and quality rather than through non-skating actions such as sliding on one knee or excessive use of toe steps which should be used only to reflect the character of the program and to underline the rhythm and nuances of the chosen music.

Costumes should be simple, tasteful and selected to enhance the performance by appropriately reflecting the character of the music and theme.

Any element exceeding the maximum number as set forth above will be judged as an illegal element (1.0 deduction); if there is no jump/throw jump or no spin element or no spiral element or no lift element a deduction for a "missing element" of 1.0 will be made. The Referee is responsible for such deductions. Costumes should be simple, tasteful and selected to enhance the performance by appropriately reflecting the character of the music and theme.

Props may not be used in any part of the artistic programs. Any item that is held in the hand or removed during the performance is considered a prop. Thus, for example, a hat worn throughout the program is not considered to be a prop, but if it is intentionally removed during the performance it is considered a prop. Objects on the ice, thrown in the audience, placed on the boards or on the judges table are not permitted. Costumes that contain particles that may mar or leave anything on the ice surface (feathers, boas, excessive beading) are considered unsafe and are not permitted. The Referee is responsible for prop deductions.

There is no deduction for „illegal“ elements (like extended sliding/kneeling on the ice, sitting on the boards).

Somersault type of jumps are not permitted. A deduction of 1.0 will be given.

3.6 Synchronized Skating

The maximum time is 3 min. 10 sec., but may be less. Vocal music is permitted.

A team shall consist of 8-16 skaters with a maximum number of four (4) alternate skaters and may include both ladies and men. Skaters must meet the age requirements as stated in this announcement. This competition is only for skaters who have not taken part in national or international championships (non-adult) in Synchronized Skating.

The Free Program must be skated according to ISU Rules 2015-2016 (Special Regulations & Technical Rules Synchronized Skating 2014, ISU Communications No.1942 and all other pertinent ISU Communications).

The teams must skate a well balanced Free Skating Program which contains the following five (5) elements plus one (1) of the optional elements:

- a. Intersection Element
- b. Linear Element - Line
- c. Pivoting Element - Block
- d. Rotating Element - Wheel
- e. Traveling Element - Circle
- f. Choice of one (1) of the following optional elements:
 - Creative Element OR
 - Combined Element

Additional elements may be incorporated into the Free Skating Program and will be judged as transitions and/or choreography components. The Planned Program Content sheet should indicate which elements are transition/choreography elements.

Difficulty Groups of Elements and Features and the description of their requirements are in accordance with the pertinent ISU Communications.

Illegal elements are those applicable to Junior Free Skating, Rule 912, paragraph 10 b. In addition, "vaults" are also illegal.

The Team must use a variety of holds. A minimum of three (3) different clearly recognizable holds is required. The holds may be done either in elements or transitions.

The time must be reckoned from the moment a skater begins to move (arm, head etc.) or to skate until arriving at a complete stop at the end of the program.

Official Practice ice will be offered on the day of the SYS competition.

The Program Components are multiplied by a factor of 1.0

4 TIPS

4.1 RINK

The competition will take place in the Erika-Hess-Eisstadion, Müllerstraße 185, 13353 Berlin. The ice surface is 60 x 30 meters and has protective plastic screens on the sides.

4.2 TRAVEL

The rink is located in Berlin-Mitte near the underground station U-Bahnhof Reinickendorfer Straße (line U6). There are a limited number of parking places at the rink.

4.2.1 Hotels & Accommodation

BEST WESTERN PREMIER Hotel MOA Berlin

Stephanstrasse 41
10559 Berlin
Tel.: 030 / 39 40 43-0
Fax: 030 / 39 40 43-999
E-Mail: info@hotel-moa-berlin.de
<http://www.hotel-moa-berlin.de/>

Main Station Hostel GmbH

Quitzwowstraße 110
10559 Berlin
Tel: 030 / 39 40 975 – 0
Fax: 030 / 39 40 975 – 20
E-Mail: hostel@mainstationhostel.de
<http://www.mainstationhostel.net/de/>

Berlin Apartments

Chausseestraße 85
10115 Berlin
Tel: 030 / 20 45 32 43
Fax: 030 / 20 45 32 41
E-Mail: info@berliner-apartments.de
<http://www.berliner-apartments.de/>

EigenArt Apartment

Neue Hochstr. 53
13347 Berlin
Tel: 030 46 50 75 01
Fax: 030 46 50 75 02
E-Mail: info@EigenArt-Appartement.de
<http://www.eigenart-appartement.de/>

City 54 Hotel und Hostel GmbH

Chausseestrasse 54
10115 Berlin
Tel: 030 200 73 64 30
Fax: 030 200 73 64 35
E-Mail: info@city54hostel.de
<http://www.city54hostel.de/>

Please find further information on our website:

<http://www.skate-berlin-adults.de/hotel/>

4.3 RECEPTION

The reception area will remain open throughout the competition. All participants are requested to report in at the reception area as soon as they reach the rink.

4.4 STARTING ORDER

Starting order will be determined by computer lottery before the competition begins.

4.5 PUBLICATION OF RESULTS

All results will be available on our website:

<http://www.skate-berlin-adults.de>

4.6 ADMISSION

The public and fans are welcome. Entrance to the competition is free.

4.7 MUSIC

We only accept CD-Rs, not CD-RWs. Music for only one program is allowed on a CD, which must be technically flawless and labeled with the following information:

- First and last name of the participant
- Competition category
- Name of the club/nation
- Length of the music (not length of the program)
-

Incorrectly labeled CDs will not be accepted.

Please turn in your CDs at reception on the day of competition at the latest. You can pick up your CDs there at the end of the competition. Each skater should also have a duplicate CD with him/her. The organizing committee does not accept liability for either damage or loss of CDs. The organizing committee will provide the music for the Pattern Ice Dances.

4.8 LIABILITY

The organizers of the competition do not accept liability for damage or injury incurred by participants or officials during the event.

Participants have to sign a declaration of liability on-site (form see attached).

5 PROVISIONAL SCHEDULE

This schedule is non-binding. Individual competitions may take place on days other than those listed below. The final schedule will be published after the entry deadline.

Friday, March 4th, 2016

3pm - 8pm Competitions
Artistic – Ladies, Men, Pairs
Ice Dance Pattern Dance

Saturday, March 5th, 2016

10am – 6pm – Competitions
Free Skating (Ladies and Men, Pt. 1)
Ice Dance Pattern Dance (Pt. 2)
Ice Dance Short Dance
Synchronized Skating

Sunday, March 6th, 2016

10am - 5pm – Competitions
Free Skating (Ladies and Men, Pt. 2)
Pair Skating
Ice Dance Free Dance

If necessary Pattern Dances will take place on Saturday.

A rough schedule will be made soon after the end of registration and sent by e-mail to enable you to plan your trip.

5.1 TRAINING

The schedule with official training times will be sent by e-mail after close of registration. Should additional training times be made available, you will be informed after the close of registration.

Haftungserklärung

1. Die Teilnahme an der Veranstaltung "Skate Berlin Adults" erfolgt auf eigene Gefahr. Das Erika-Hess-Eisstadion und die Veranstalter des Wettbewerbs übernehmen keine Haftung für Schäden oder Verletzungen, die Läufer/innen oder Offiziellen im Rahmen der Veranstaltung entstehen.
2. Der Veranstalter übernimmt keine Haftung für gesundheitliche Risiken der Teilnehmenden im Zusammenhang mit der Teilnahme an der Veranstaltung. Es obliegt der/dem Teilnehmenden, ihren/seinen Gesundheitszustand vorher zu überprüfen und sich ärztlich untersuchen zu lassen.
3. Der Veranstalter stellt während der Veranstaltung Ersthelfer für Läufer/innen und Offizielle.
4. Ich bestätige nach bestem Wissen und Gewissen, dass ich körperlich fit bin und keine ärztliche Warnung für die Teilnahme an einer Eiskunstlaufveranstaltung vorliegt. Nur unter dieser Bedingung nehme ich an der Veranstaltung "Skate Berlin Adults" teil.
5. Diese Erklärung ist zweisprachig. Im Falle von Unterschieden im Wortlaut ist die deutsche Version vorrangig.

Ort, Datum, Unterschrift

muss vor Ort unterzeichnet werden

Declaration of liability

1. The participation at the competition "Skate Berlin Adults" is at your own risk. The organizer and Erika-Hess-Eisstadion shall not be liable for any damages or accidents before, during and after the competition.
2. The event organizer refuses any liability for possible health risks in connection with the competition. It is the participants responsibility checking her/his health state in advance.
3. The Organizer provides first aid staff for skaters and officials during the competition.
4. I certify that, to the best of my knowledge and belief, I am physically fit and no medical warning is given. It is only under this condition that I attend "Skate Berlin Adults".
5. This declaration is bilingual. In case of any differences in the wording, the German version shall prevail.

place, date, signature

to be signed on the site

Planned Program Content

Please respect final date to return
Abgabetermin beachten !



For pairs and dances couples it is sufficient if one partner fills in the following form

| | |
|-------------------|--|
| Event : | |
| Category : | |
| Name : | |
| Club : | |

ELEMENTS IN ORDER OF SKATING

| Elements Short Dance | | Elements Free Skate / Free Dance | |
|----------------------|--|----------------------------------|--|
| 1 | | 1 | |
| 2 | | 2 | |
| 3 | | 3 | |
| 4 | | 4 | |
| 5 | | 5 | |
| 6 | | 6 | |
| 7 | | 7 | |
| 8 | | 8 | |
| | | 9 | |
| | | 10 | |
| | | 11 | |
| | | 12 | |
| | | 13 | |
| | | 14 | |
| | | 15 | |
| | | 16 | |

Please mail : info@skate-berlin-adults.de

ISU-Wertungssystem Saison 2015/16
Abkürzungen der Elemente für das "Planned Program Content Sheet"

Stand: Juli 2015

(1) Einzellaufen**Sprünge:**

| | |
|-----|----------------|
| 1T | Single Toeloop |
| 1S | Single Salchow |
| 1Lo | Single Loop |
| 1F | Single Flip |
| 1Lz | Single Lutz |
| 1A | Single Axel |
| 2T | Double Toeloop |
| 2S | Double Salchow |
| 2Lo | Double Loop |
| 2F | Double Flip |
| 2Lz | Double Lutz |
| 2A | Double Axel |
| 3T | Triple Toeloop |
| 3S | Triple Salchow |
| 3Lo | Triple Loop |
| 3F | Triple Flip |
| 3Lz | Triple Lutz |
| 3A | Triple Axel |
| 4T | Quad. Toeloop |
| 4S | Quad. Salchow |
| 4Lo | Quad. Loop |
| 4F | Quad. Flip |
| 4Lz | Quad. Lutz |
| 4A | Quad. Axel |

Pirouetten:

| | |
|----------|---|
| USp | Upright Spin |
| LSp | Layback Spin |
| CSp | Camel Spin |
| SSp | Sit Spin |
| FUSp | Flying Upright Spin |
| FLSp | Flying Layback Spin |
| FCSp | Flying Camel Spin |
| FSSp | Flying Sit Spin |
| CUSp | Change Foot Upright Spin |
| CLSp | Change Foot Layback Spin |
| CCSp | Change Foot Camel Spin |
| CSSp | Change Foot Sit Spin |
| FUSp | Flying Change Foot Upright Spin |
| FCLSp | Flying Change Foot Layback Spin |
| FCCSp | Flying Change Foot Camel Spin |
| FCCSp | Flying Change Foot Sit Spin |
| CoSp2p | Combination Spin no change of foot (two positions) |
| CoSp3p | Combination Spin no change of foot (three positions) |
| CCoSp2p | Change Foot Combination Spin (two positions) |
| CCoSp3p | Change Foot Combination Spin (three positions) |
| FCoSp2p | Flying Combination Spin no change of foot (two positions) |
| FCoSp3p | Flying Combination Spin no change of foot (three positions) |
| FCCoSp2p | Flying Change Foot Comb. Spin (two positions) |
| FCCoSp3p | Flying Change Foot Comb. Spin (three positions) |

Schritte:

| | |
|------|-----------------|
| StSq | Step Sequence |
| ChSq | Choreo Sequence |

ISU-Wertungssystem Saison 2015/16
Abkürzungen der Elemente für das "Planned Program Content Sheet"

Stand: Juli 2015

(2) Paarlaufen**Solosprünge:**

siehe Einzelaufen

Wurfsprünge:

| | |
|-------|-----------------------|
| 1TTh | Throw Single Toe Loop |
| 1STh | Throw Single Salchow |
| 1LoTh | Throw Single Loop |
| 1FTh | Throw Single Flip |
| 1LzTh | Throw Single Lutz |
| 1ATh | Throw Single Axel |
| 2TTh | Throw Double Toeloop |
| 2STh | Throw Double Salchow |
| 2LoTh | Throw Double Loop |
| 2FTh | Throw Double Flip |
| 2LzTh | Throw Double Lutz |
| 2ATh | Throw Double Axel |
| 3TTh | Throw Triple Toeloop |
| 3STh | Throw Triple Salchow |
| 3LoTh | Throw Triple Loop |
| 3FTh | Throw Triple Flip |
| 3LzTh | Throw Triple Lutz |
| 3ATh | Throw Triple Axel |
| 4TTh | Throw Quad. Toe Loop |
| 4STh | Throw Quad. Salchow |
| 4LoTh | Throw Quad. Loop |
| 4FTh | Throw Quad. Flip |
| 4LzTh | Throw Quad. Lutz |

Twist:

| | |
|-----|-------------------|
| 1Tw | Single Twist Lift |
| 2Tw | Double Twist Lift |
| 3Tw | Triple Twist Lift |
| 4Tw | Quad. Twist Lift |

Hebungen:

| | |
|------|--------------------------------------|
| 1Li | Group 1 Lift (Armpit Hold Position) |
| 2Li | Group 2 Lift (Waist Hold Position) |
| 3Li | Group 3 Lift (Hand to Hip Position) |
| 4Li | Group 4 Lift (Hand to Hand Position) |
| 5ALi | Group 5 Axel Lasso Lift |
| 5BLi | Group 5 Backward Lasso Lift |
| 5TLi | Group 5 Toe Lasso Lift |
| 5SLi | Group 5 Step in Lasso Lift |
| 5RLi | Group 5 Reverse Lasso Lift |

Todesspiralen:

| | |
|------|-------------------------------|
| FiDs | Forward Inside Death Spiral |
| BiDs | Backward Inside Death Spiral |
| FoDs | Forward Outside Death Spiral |
| BoDs | Backward Outside Death Spiral |
| PfF | Pivot Figure |

Solo-Pirouetten:

siehe Einzelaufen

Paarlauf-Pirouetten:

| | |
|---------|---|
| P5p | Pair Spin |
| PCoSp2p | Pair Combination Spin (two positions) |
| PCoSp3p | Pair Combination Spin (three positions) |

Schritte:

siehe Einzelaufen

ISU-Wertungssystem Saison 2015/16
Abkürzungen der Elemente für das "Planned Program Content Sheet"

Stand: Juli 2015

(3) Eistanzen**Pflichttänze:**

| | |
|----|--------------------|
| FO | Fourteenstep |
| FT | Foxtrot |
| RF | Rocker Foxtrot |
| EW | European Waltz |
| AW | American Waltz |
| WW | Westminster Waltz |
| VW | Viennese Waltz |
| OW | Austrian Waltz |
| SW | Starlight Waltz |
| RW | Ravensburger Waltz |
| GW | Golden Waltz |
| KO | Kilian |
| YP | Yankee Polka |
| QS | Quickstep |
| FS | Finnstep |
| PD | Paso Doble |
| RH | Rhumba |
| CC | Cha Cha Congelado |
| SS | Silver Samba |
| TA | Tango |
| AT | Argentine Tango |
| TR | Tango Romantica |
| BL | Blues |
| MB | Midnight Blues |

| | |
|----|-------------------|
| Sq | Sequence |
| Se | Section |
| Y | Yes (Keypoint) |
| N | No (Keypoint) |
| T | Timing (Keypoint) |

Pflichtanzelemente SD:

| | |
|-----|---|
| 1SW | PD Element Starlight Waltz Section 1 |
| 2SW | PD Element Starlight Waltz Section 2 |
| 1RW | PD Element Ravensburger Waltz Section 1 |
| 2RW | PD Element Ravensburger Waltz Section 2 |

Schrittfolgen:

| | |
|-------|-------------------------------------|
| PSst | Partial Step Sequence |
| Mist | Midline Step Sequence in Hold |
| Dist | Diagonal Step Sequence in Hold |
| Cist | Circular Step Sequence in Hold |
| SeSt | Serpentine Step Sequence in Hold |
| NICSt | Not Touching Circular Step Sequence |
| NMist | Not Touching Midline Step Sequence |
| NDist | Not Touching Diagonal Step Sequence |

Pirouetten:

| | |
|------|------------------|
| Sp | Spin |
| CoSp | Combination Spin |

Hebungen:

| | |
|-------|--------------------|
| StaLi | Stationary Lift |
| SLi | Straight Line Lift |
| CUli | Curve Lift |
| RoLi | Rotational Lift |

Twizzles:

| | |
|-----|--|
| STw | Set of Sequential or Synchronized Twizzles |
|-----|--|

Choreographische Elemente:

| | |
|------|----------------------------------|
| ChLi | Choreographic Dance Lift |
| ChSp | Choreographic Spinning Movement |
| ChTw | Choreographic Twizzling Movement |

ISU-Wertungssystem Saison 2015/16
Abkürzungen der Elemente für das "Planned Program Content Sheet"

Stand: Juli 2015

(4) Synchroneislaufen

| | |
|-------|---------------------------------|
| B | Block |
| PB | Pivoting Block |
| C | Circle |
| TC | Traveling Circle |
| L | Line |
| PL | Pivoting Line |
| W | Wheel |
| TW | Traveling Wheel |
| I | Intersection |
| NHE | No Hold Element |
| Sp | Synchronized Spin Element |
| Pa | Pair Element |
| ME | Move Element |
| Cr | Creative Element |
| Co | Combined Element |
| GL | Group Lift |
| TRANS | Transition |
| | |
| pi | point of intersection (feature) |
| fm | free skating moves (feature) |
| s | step sequence (feature) |
| d | deduction |
| F | Fall (in an element) |

(5) Spezielle Abkürzungen

| | |
|---------|--|
| + COMBO | Combination |
| + SEQ | Sequence |
| + REP | Repetition |
| < | under-rotated |
| << | downgraded |
| e | incorrect take off (Lutz, Flip) |
| f | smaller error on take off (Lutz, Flip) |
| * | asterisk (not according to verification rules) |
| B | Basic Level |
| V | Reduced Value 1 |